

Making Waves

September 2012

A free community newsletter for Bar Beach, Merewether, Dixon Park, and The Junction

Enquiries, contributions, sponsorship, ECopy
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<http://makingwaves.yolasite.com/>



Proudly supporting local Surf Life Saving Clubs

- great new burger menu
- breakfast, lunch and dinner 7 days a week
- best double cooked chips on the coast
- all meals prepared in-house with local produce
- healthy grilled options available
- fresh local seafood dishes
- from 7.00 am – breakfast through to dinner



Image by Andreas



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Junior Surfing News

In July 2012, the Mark Richards Shield returned home to Newcastle when 4 of our next generation of boardriders did our city proud and came home victorious from the Hurley NSW Junior School Surfing Titles at Coffs Harbour in July, 2012. This event is widely regarded as the most important junior surfing event in NSW and is seen as a stepping stone for any budding professional surfer who wishes to go on and grace the world stage.

The prestigious Mark Richards Shield was fought out amongst NSW top school surfers.



Billy Drinkwater and James McMorland (Caves Beach) won the U19 boys final from Central Coast and Merewether's Sarah Phelan and Ruby Bortolus made it a senior double for Newcastle when they took out the U19 girls final, when they outclassed the surfers from Sydney.

Jackson Baker and Luis Stackhouse almost made it a treble for Newcastle when they finished a close 2nd to the surfers from the far North Coast in the U16 boys final.

THE
JEWELLERY
AFFAIR

WATCH and CLOCK REPAIRS

WATCH WATER PRESSURE TESTING

WATCH BATTERIES

SHOP 12 JUNCTION VILLAGE KENRICK STREET THE JUNCTION
PH: 49694278



THE JEWELLERY AFFAIR

DAVID MCKAY - WATCHMAKER & JEWELLER



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In 2010 South Newcastle Rugby League Football Club celebrated it's centenary. Last year "Making Waves" highlighted some of the characters who represented the "red and whites" with distinction, and this winter we continue the series.

Gary Banks



Gary Banks has a record that he will never lose. In 1966 he was selected to play for Australia direct from South Newcastle Rugby League Club. The last player to do that.

He began his playing career with New Lambton Primary School and continued through Newcastle Junior High after his family moved to a terrace house next to Williams Bakery in Corlette Street, The Junction. In his junior days with Souths he formed a

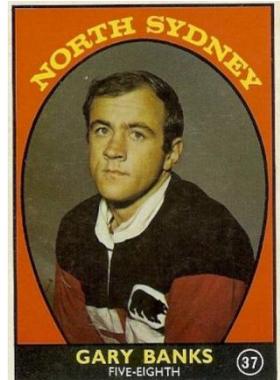
great combination as either five eighth or half back with Les Johns.

He completed his junior playing days with South Newcastle U20's side in 1962 and graduated to the senior reserve grade side that won the grand final in 1963.

In 1964 he was recruited to 1st grade with Souths as a five eighth. Gary was chosen in the Newcastle team in 1965 and was an automatic selection in the combined Country Week team in 1966. From this game he scored a position in the NSW team where he scored a try and from his performance he was rewarded with selection in the Australian team to play Great Britain at the SCG. Once again he scored a try!

It was at the end of the 1966 season that Gary was approached by the North Sydney club and he played the next 3 seasons with them. It was then that Newcastle Western Suburbs paid his transfer fee to have him back playing in Newcastle. He once again played mainly five eighth but was then transferred to centre. It is said in Rugby League circles that this was one of the best positional changes ever made by the Rosellas.

Gary Banks was a great all round rugby league player and is widely recognised as being one of the best to ever come out of Newcastle.



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Live for Kids

2012 CYCLE CLASSIC

The Live for Kids Cycle Classic, is a physically demanding 6 day ride from the Gold Coast to Newcastle. The ride commences on September 10, finishing in Newcastle on 15 September 2012. The riders in the Live for Kids Cycle Classic come from various backgrounds and industries with different motivations but all share the same common bond - the desire to improve the healthcare available in our community for our children. The riders have undertaken a huge commitment to do a ride of this scale and will participate in an intensive training program for several months before the event. Knowing that all money raised goes to such a great cause makes the cold early morning starts and gruelling kilometres in the saddle worth all the effort! Local riders are raising money for equipment for the John Hunter Hospital for children with respiratory problems and for Freedom Wheels, an organisation that adapts bikes for children with disabilities.



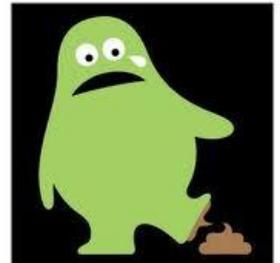
To support our local riders, like Laurie Flick shown here in full flight, google Live for Kids and select the Everyday hero page or go to:

<http://www.everydayhero.com.au/event/liveforkidscycleclassic2012>

Wetsuits for sale

Rip Curl springsuit Child size 12
excellent condition, \$30
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Excellent condition, \$90

Ph: Lawrie: 0412 783 246



**Please clean up
after your dog.**



natural
tucker

Darby St, Cooks Hill Ph: 4929 1229

NEWCASTLE - SEPTEMBER 2012

LAT 32° 56' LONG 151° 47' TIME ZONE - 1000
TIMES AND HEIGHTS OF HIGH AND LOW WATERS

☐ Denotes Public Holidays

SUN		MON		TUES		WED		THURS		FRI		SAT	
TIME	M	TIME	M	TIME	M	TIME	M	TIME	M	TIME	M	TIME	M
30 ☐												1	
0158	0.32											0231	0.24
0814	1.84											0843	1.57
1419	0.39											1433	0.39
2026	1.56											2051	1.72
2		3		4		5		6		7		8 ☐	
0306	0.27	0339	0.32	0411	0.39	0442	0.46	0515	0.53	0002	1.24	0055	1.16
0821	1.59	0858	1.60	1034	1.59	1110	1.58	1149	1.53	0554	0.59	0843	0.68
1515	0.41	1558	0.45	1639	0.50	1722	0.56	1810	0.61	1233	1.49	1326	1.46
2129	1.64	2204	1.53	2241	1.43	2319	1.33			1905	0.65	2013	0.67
9		10		11		12		13		14		15	
0201	1.11	0320	1.11	0432	1.16	0527	1.24	0007	0.42	0045	0.33	0120	0.28
0744	0.70	0855	0.71	1003	0.68	1102	0.61	0611	1.33	0651	1.43	0730	1.53
1429	1.44	1536	1.46	1637	1.52	1729	1.59	1152	0.53	1237	0.45	1322	0.36
2127	0.65	2233	0.59	2325	0.51			1814	1.67	1856	1.73	1938	1.76
16 ●		17		18		19		20		21		22	
0156	0.21	0232	0.19	0312	0.20	0354	0.25	0440	0.33	0530	0.43	0044	1.30
0811	1.63	0852	1.72	0935	1.77	1021	1.80	1111	1.78	1205	1.74	0627	0.52
1407	0.30	1455	0.26	1545	0.26	1640	0.28	1738	0.34	1844	0.40	1306	1.68
2021	1.76	2106	1.71	2153	1.63	2245	1.53	2340	1.41			1957	0.44
23 ☐		24		25		26		27		28		29	
0157	1.23	0316	1.23	0428	1.28	0526	1.37	0005	0.34	0045	0.31	0122	0.30
0734	0.60	0849	0.62	1003	0.60	1109	0.54	0615	1.45	0658	1.53	0737	1.60
1415	1.63	1529	1.62	1636	1.63	1733	1.65	1205	0.48	1254	0.43	1338	0.40
2112	0.45	2220	0.42	2317	0.38			1823	1.66	1907	1.65	1947	1.61

Image by Toni - taken from The Pumhouse Bar Merewether SLSC - open to the public every Sunday afternoon.



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beaches cafe

All New Menu

MONDAYS	Steak Night - \$12.90
TUESDAYS	Pasta - \$9.90 and Pool Comp
WEDNESDAYS	Schnitzel Night - \$9.90 and Trivia
THURSDAYS	Hamburger Night
SUNDAYS	4PM Live Entertainment followed by DJ at 7PM
FRIDAY to SUNDAY - Newcastle's Best Live Entertainment	



Well known Merewether identity Graham **Tamba** Adam has been keeping a daily record of events for over 30 years. Each month he shares a day in his life. This month he talks about some special encounters he has had with Whales and Dolphins

Whales

7 years ago while I was paddling my surf ski round to Legge Point I could see a whale from about ½ a Km away. It was about 100m from the beach, but was quite still – not moving at all .I stayed my distance and observed it for a while but it wasn't going anywhere. The next day I went round again and it was still there in the same place, but this time it had a baby beside it!



For the next 5 days, I went round every day. I was the only one in the water going round there as there was no surf, it was dead flat. On about day 3 I stopped paddling about 100m away from the mother. She approached me with the baby until she was about



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20m away and did not seem at all concerned by my presence.

For the next 2 days she repeated this behaviour cruising up past me. On day 6, the last day I saw them, I was on my way around to see them and we met about ½ way round there - near Point X. She was heading North. I went with them as far as Bar Beach and that is where she headed out to sea with her baby by her side and the last I saw they were headed North.

A pretty special experience.

I felt like the mother whale knew I was coming round on my red ski every day to check that they were ok.

and Dolphins

About a year ago, I was again paddling my ski, this time from Merewether to Nobby's and back. Around Dixon Park, I was joined by a pod of about 20 dolphins and they stayed under and around me until we reached the Bogey Hole. They gave me "the ride of my life"! I was getting dragged along in their "slipstream" – a phenomenon usually used to enable baby and younger dolphins to keep up with the adults. I reckon I was going at twice the speed that I would normally be going by myself.



All of a sudden, they disappeared!

They were just having fun, but for me it was the experience of a lifetime.

Making Waves have upgraded their web site

<http://makingwaves.yolasite.com/>



**Check the links
To our
Sponsors' pages**



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Our History – Our Heritage

The feature of Making Waves that brings us by far the most positive comment is an appreciation of the articles we print telling of our local history. Recently a visitor to the area from a relatively new suburb of Brisbane commented to us that he envied us our past – as his suburb has none.

Not only do we have a colourful and fascinating history, but it has been well documented, recorded and accessible. This accessibility is due in no small part to the work of the Merewether Historical Society.

Merewether Historical Society has been operating now for almost 9 years and meets on the 2nd Tuesday of each month in the St Augustine's Church Hall in Winsor St, Merewether. They are an active and interesting group of people. The meetings are an opportunity for fellowship and historical interaction. Each meeting is usually highlighted with a guest speaker who talks to the group about some aspect of historical interest to the community and is followed by an informal chat and afternoon tea. Field trips are organised regularly and always enjoyed by those who attend.

Visitors and new members are warmly welcomed.

I was particularly pleased recently to hear that 2 of our long term sponsors – Natural Tucker and Banlaw are adding their support to the Merewether Historical Society – Their generosity to our community is very much appreciated by us all.

Thanks Jack and Bill!



Head High Cafe
199 Union Street, The Junction
Ph: 0408 360 805

MEREWETHER SURF LIVE SAVING CLUB - 18th December 1933

The crew of Merewether Surf Club boat performed well yesterday morning when placing the buoy. One of the biggest surfs of the season was running. As the boat was leaving the shore it was hit by a few big waves and one of the crew lost his oar. The crew kept pulling with only three men and got through very big surf. When returning in they took a "Big Shoot" and rode it all the way to the shore. This performance indicates that the boat crew will be strong challengers for honours this season. *By David Barrow, researcher for Merewether Historical Society*

Big Shoes to Fill

At the recent AGM for Merewether SLSC it was noted just how well the club has been able to address all the aspects involved in running the club not only as an active community service organisation but also as a successful business. Making Waves is quite sure that the other sporting clubs and community organisations in our area are equally successful in these endeavours but this commentary just happens to arise from attending Merewether SLSC's meeting.

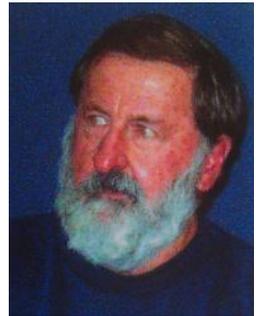
The success of our community clubs and organisations is due in no small part to the generosity of financial sponsorship from within our community but also to the generosity of spirit offered by the many volunteers in our community without whom these organisations could not function or survive.



A highlight from that AGM was a presentation to Greg Nelmes for his 50 years service on patrols at Merewether Beach. Greg is only the 2nd member to achieve this feat in over 100 years. Another highlight for me was not so much the recognition and accolade given to Laurie Graham on celebrating his 80th birthday in the preceding week but the

fact that when nominations for the OH&S position for the 2013 season were stalling - he didn't hesitate to put his hand up to take on the role!

Laurie is an honorary life-member of the surf club having been their chief instructor for over 10 years and he still meets up every morning with what he calls the "Geriatrics squad" for a swim and a yarn with his fellow retired buddies. He manages to find time to play piano at New Lambton's Royal Newcastle Centre, Mayfield Aged Care and Lindsay Gardens Aged Care facility at Hamilton, counsels cancer patients and he is a stalwart of Merewether Historical Society.

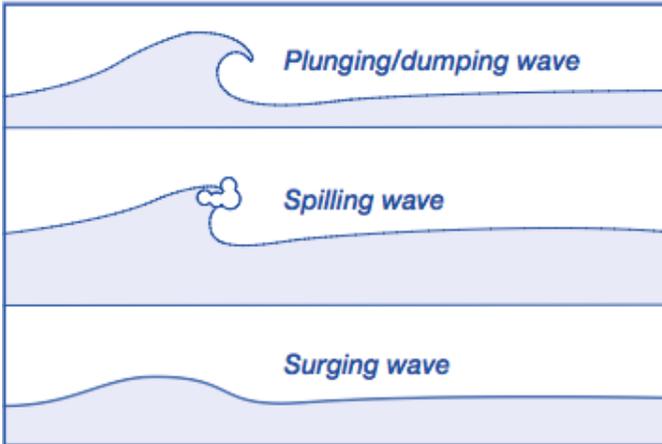


These 2 men have set a standard for community service that is going to be hard to beat – but with over 65% of the Merewether club being comprised of juniors and their families, the 2012-2013 season is as good a time as any to put one foot in front of the other and start down the path so well worn by these 2 men and all the other "Gregs and Lawries" out there who are the backbones of their club or organisation. If you have an interest in OH&S why not call in at Merewether clubhouse any morning around 8.30am and introduce yourself to Laurie – you won't be sorry and he won't be hard to find!



Waves and Surf.

As another summer approaches, now is a good time to familiarise yourself with the ocean, and the waves you will encounter.



Waves are one of the most enjoyable features of the beach and the ocean.

Different conditions affect waves and it is important to understand what types of wave may be present when you visit the beach to maximise your fun and minimise the potential for you to get into difficulty.

Waves are the result of energy moving through the

ocean that is created typically by the wind, underwater activity, earthquakes or the earth's movement. There are three typical types of waves you need to be aware of when you are at the beach:

Plunging or dumping waves

These waves break suddenly and can knock you over and throw you to the bottom with great force. These waves usually occur at low tide where sandbanks are shallow and can cause injuries to swimmers, particularly spinal and head injuries. Never try and bodysurf on a dumping wave. If in doubt, ask a lifesaver or lifeguard for some good safety advice.

Spilling waves

Spilling waves have white water tumbling down the face of the wave. They usually have less force and are the safest for body surfing. They are found in sheltered bays where the sea floor slopes gradually, and near sandbanks at high tide.

Surging waves

Surging waves may never actually break as they approach the water's edge, as the water below them is very deep. These waves occur in rocky areas around cliff faces and where the beach drops off quickly. These waves can be very dangerous, as they can knock swimmers over and drag them back into deep water.

Which waves are best for you?

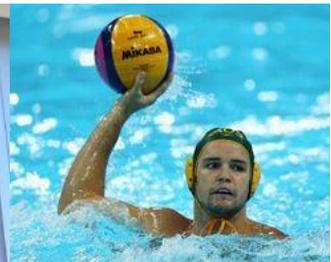
Spilling waves are the most enjoyable. For the other types of waves you need to be sensible and have more experience. If you are unsure, check with a lifeguard or lifesaver.

Experience is particularly important if the surf is large. Only experienced swimmers should attempt to go out in large surf and always between the red and yellow flags. If the beach is closed as indicated by a sign, red flag or no presence of red and yellow flags, stay out of the water.

Always look for the following signs:



Warning No Swimming Unexpected waves Shore Dump Beach Closed



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Merewether Baths Cleaning Schedule September 2012

6 September	Thursday	1.30 PM	0.5
13 September	Thursday	5.00 AM	0.4
20 September	Thursday	1.00 PM	0.2
27 September	Thursday	5.00 AM	0.4



GO INZANE

InZane Football is Newcastle's first Football Academy to cater for junior and youth players.

Run by former Socceroo Clayton Zane, InZane soccer is aimed at children of different abilities and ages.

holiday soccer clinics - junior Roo (3-5 years) – elite training – school sessions

www.inzanefootball.com

E: info@inzanefootball.com



Image by Sally – March 8, 2012