

Making Waves

October 2013

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OUR 4th YEAR**

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Bar Beach and Nobbys

great new burger menu
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from 7.00 am – breakfast through to dinner

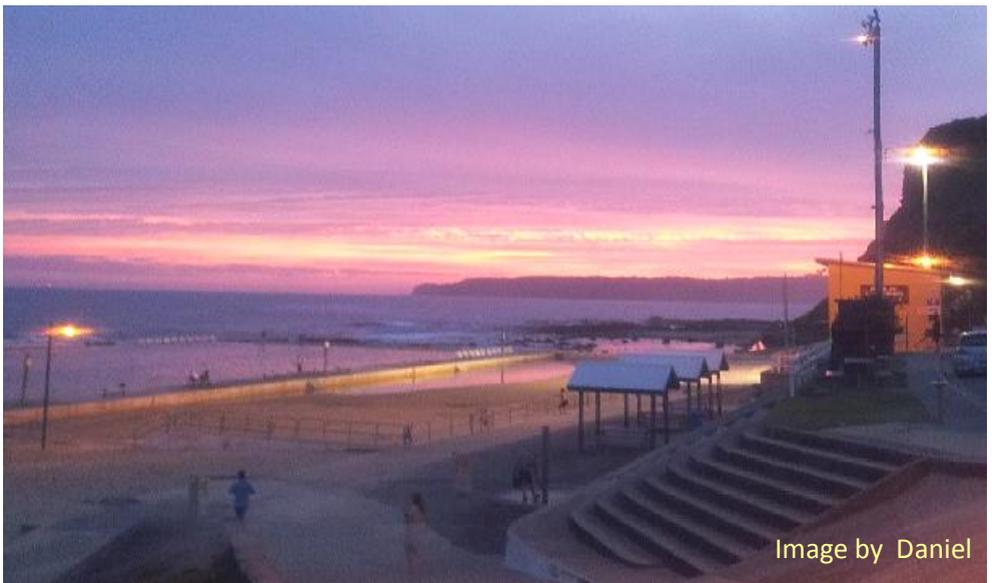


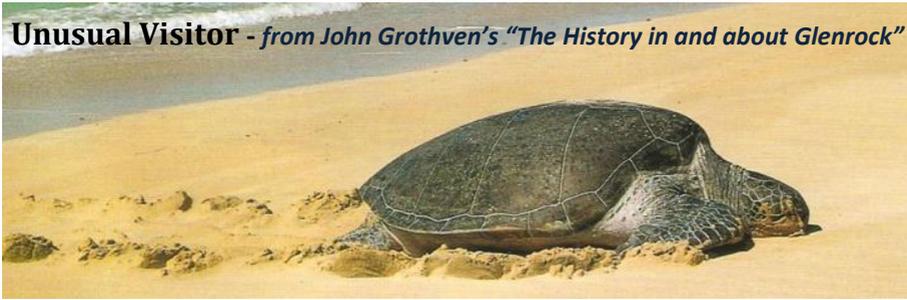
Image by Daniel



BANLAW

"innovative refuelling specialists"

Unusual Visitor - from John Grothven's "The History in and about Glenrock"



On 30 December 1971, a warm summer night on Burwood Beach near Glenrock, a large turtle (probably a green turtle) about 1.2 - 1.5m in length made its way up the beach and commenced the task of depositing something in the vicinity of 150-200 eggs into a sandy hollow she had dug.

Much later that night when the job was finished she covered the eggs and made off down the beach into the foaming surf and disappeared as mysteriously as she had come. The operation was witnessed by fishermen who marked the exact location where the eggs had been laid with 2 sticks and then contacted Newcastle's leading naturalist Athol d'Ombraín who in turn contacted the Curator of Herpetology at the Australian Museum. It was then established that this was a record of exceptional interest, as it was the only known record of a turtle laying its eggs so far south and particularly in NSW. It was estimated that a 2 month period would be required for the eggs to hatch, depending on the temperature of the sand, warm weather and high tides not to wet the eggs.

The weather for that period was hot and there were no tides higher than the night the old lady arrived to drop her eggs. Mr d'Ombraín visited the place of all the excitement only to find the markers gone so the exact spot could never be found, but because of the favourable conditions there was a good chance of the eggs hatching. He left word for the fishermen to be on the lookout for baby turtles scuttling down the beach towards the sea.

I phoned Mr d'Ombraín to ask if any of the eggs had hatched and he told me that to his knowledge they never did and so we will never know for sure

 The advertisement features a background image of a sunset over the ocean. The sky is filled with warm colors like orange, yellow, and pink. In the foreground, there's a dark silhouette of a structure, possibly a boat or a pier, on the water. The text is overlaid on this image.

**CRAIG ADAM
PAINTING CONTRACTOR**

ABN: 20317983839 MOB: 0406 747 544



New to Newcastle, Runlab offers the exciting Interval group running sessions developed and led by Elite Runner Vlad Shatrov.

We know that doing the type of running sessions required to help you get quicker just seems too difficult to do by yourself. That's why doing it in a group environment, which offers structure, support and experience is both motivating and rewarding.

Created to help people improve their running, the Runlab group interval Sessions will challenge you to improve your running in a group environment In 75-minute session incorporating run intervals, drills and core work for runners.

Each session within each term is specifically developed to allow runners of all abilities to be challenged and guided by the expert knowledge of Vlad. Within the term you will complete grading, time trials and be taken through Interval sessions, which will improve your running.

We cater for runners of all abilities and would love to hear from you so that we can help you 'achieve your impossible". Our next term starts in Newcastle on the 10th of October. We have a Thursday morning or evening session option and you can sign up for the whole term or attend casually.

Vlad brings a wealth of knowledge about running to the Runlab offering. A familiar face amongst Australia's running elite, Vlad has chosen to work in the field he is passionate about and his real experience in running is an asset to the Runlab offering.



Amongst numerous podium finishes in recent times including a 1st in the Canberra Ultramarathon 50km road race in April 2013 and 1st in the North Face 50km Ultramarathon trail in the Blue Mountains in May 2013, Vlad has shown he can apply himself to the toughest races on road or trail and he will represent Australia in 2014 at the IAU 50K Road World Cup Final in Europe.

<http://www.runlab.com.au/>

<https://www.facebook.com/pages/Runlab/268432486534902>

Or email Vlad info@runlab.com.au



Remembering Stanley Wade: “Wadey” of Cook’s Hill SLSC

In late October 1920, nineteen-year-old Stanley Eric Wade of Stockton, an active member of Cook’s Hill Life Saving and Surf Club, took part in the Club’s Amateur Swimming Club weekly carnival held regularly in the Ocean Baths, Newcastle. He swam vigorously in several races on the program as he was wont to do and then returned home to Stockton to have tea with his parents, Mr & Mrs John Wade, and his family. Feeling tired from his exertions in the water, Stanley retired to his bedroom.

The next morning, he was found dead in his bed by his mother who had called him for breakfast. Dr John Harris, the Government Medical Officer, under government requirements, ordered the removal of the body to the morgue for examination. The coroner determined that it was a natural death from heart failure. Such were the unadorned facts.

Stanley’s nephew, the nimble-minded and lively 94-year-old Bob Hick – only two years old at the time of Stanley’s death, has been a faithful custodian of his uncle’s official papers and swimming and lifesaving medals passed down to him from his mother, Stanley’s sister. Bob has now generously donated them to the Cook’s Hill Club for safekeeping.



Stanley Wade’s medals are fascinating historical artefacts. Two are swimming medals in gold metal elaborately trimmed with the victor’s palm leaf. In the centre of each is a relief of a swimmer diving into the pool. They are engraved thus: ‘C.H.S.S.C. [Cook’s Hill Surf Swimming Club] Won by S. Wade 1918-19 [swimming competitive



season]’; and ‘N.S.C. & L.S.A. [Northern Swimming Club & Life Saving Association] Rescue Comp^{tn} [Competition] S. Wade 14.2.1920’. Both medals denote a club within a club – the Cook’s Hill Surf Amateur Swimming Club within the broader Cook’s Hill Life Saving and Surf Club which conducted a still-water and handicapped swimming completion at Ocean Baths. This competition was seen as maintaining and improving the physical fitness of amateur lifesavers. Stanley’s two other medals are bronze, engraved with his

name – the Surf Life Saving Society’s ‘For Proficiency in reel and line and belt work’ medal awarded on 7.12.1919, and the Royal Life Saving Society’s medal awarded on 2.3.1919 [the original Bronze Medallion]. All four medals indicate Stanley Wade’s marked proficiency as a highly competent yet youthful



amateur surf lifesaver who was also an outstanding still-water swimmer. Bob Hick had the four medals stored in a small wooden box shaped to look like a miniature book with a secret opening device to the inside drawer – a piece of Stanley’s superb craftsmanship when he worked for J. Mackie & Co, Furniture & Bedding Manufacturers of 451-459 Hunter Street. Julie Hazelwood, Bob’s daughter, is the proud owner of a beautifully crafted book

cupboard made by “Wadey” in the 1910s as part of his apprenticeship as a furniture-maker and carpenter.

The funeral was a massive one in the usual Novocastrian style for an honoured and prominent son. The pall bearers were Cook’s Hill boys and representatives of several other sporting bodies were in attendance: the Northern Swimming Association, the Royal Life Saving Society and kindred organisation. A wreath was laid by the Cook’s Hill Life Saving and Surf Club. Stanley Wade is buried in the Church of England Section of Sandgate Cemetery.

By John Ramsland (Club Historian)



ELEVEN ARMED SEA STAR (*Coscinasterias muricata*), Family Asteroiidae

Image and text by Jenny Robinson



One of the more spectacular though rare echinoderms (marine animals covered with spines and plates), to be found on our rock platforms. The Eleven Armed Seastar is the largest found in Southern Australia and occurs at low tide levels and below, found wandering over algae in pools, seagrasses or under rocks.

Moderately large, occasionally reaching 30cm in diameter, they commonly have 11 long arms of varying lengths, arms but may have 7-14. Each arm can regenerate into a complete animal if attached to a small piece of disc, can be propagated by self division and is often found with several large arms and one or two smaller ones.

C. muricata has a brown/ grey mottled appearance with blotches of pale blue and green with rows of large spines along it's upper surface, the spines serving to deter debris and small enemies.

Rings of bright orange coloured hydraulically operated tube feet are in parallel rows on the top and bottom of the arms. These minute tubercles rise until they are level with the spine, their jaws open and shut attempting to clutch anything handy.

They are an active predator of molluscs and bivalves and are known to eat worms and small crabs. they are often observed exerting a continuous weak pull on a bivalve, pulling gently finally tiring the bivalve untill it opens slightly.

Seastars are known for the great party trick of protruding its stomach outside it's mouth, enveloping it's food and digesting it's prey outside it's body!

More on Seastars in another edition of Making Waves.

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When chatting recently with Merewether's old man of the sea Laurie March, the conversation turned to sharks, and the fact

that it seems that there are relatively fewer sightings and attacks off our beaches today than when he was young. Laurie mentioned that back in those days people would never do what they do today – swimming and surfing far from shore, often alone.

He went on to tell of the events of the 24 January, 1949. Laurie did his Bronze medallion that morning to enable him to compete in the events at the surf carnival scheduled at Bar Beach that afternoon. It was that fateful afternoon when the 23 year old Surf swim champion Ray Land was taken by a shark 120 yards out in full view of spectators and participants.

Lawrie was good friends with Frank "Togo" Okilich, an Australian Surf Ski Champion and was on the beach when Frank was taken while out swimming about 100 yards beyond Sailors Rock on December 6, 1951. Lawrie was there to see his mate's mangled body recovered from the rocks about an hour after that fatal attack.

When asked what he saw as the main difference between then and now, Lawrie had no hesitation in citing the impact of the Aquamatic speargun. He went on to tell his recollections of Newcastle Neptunes Underwater Club founded in 1953 and of George Davies and his late brother Trevor who are credited with being the co-founders of the first pneumatic speargun which was known as the Aquamatic. The Neptunes used to meet in a house in James Street Charlestown which had an old Neptune Petrol Sign out the front of the house. The Neptunes boasted a colourful membership in those days including Ron and Valerie (Heighes) Taylor and Owen Griffiths. Laurie and his mates well remember trips to Hawks Nest with The Neptunes, and while written documentation is impossible to trace, members from those days talk about the impact of the Aquamatic on shark populations in our areas. Concluding that initial conversation, I asked Laurie if he thought that shark nets had also played their part in making our beaches safer from sharks today and he readily agreed that they did but that to him there was no doubt that the main thing was the impact of that speargun.





beacher's cafe

All New Menu

MONDAYS	Steak Night - \$12.90
TUESDAYS	Fishermans Basket - \$15.00 and Pool
WEDNESDAYS	Schnitzel Night - \$9.90 and Trivia
THURSDAYS	Hamburger Night - \$10.00
SUNDAYS	4PM Live Entertainment followed by DJ at 7PM
FRIDAY to SUNDAY - Newcastle's Best Live Entertainment	



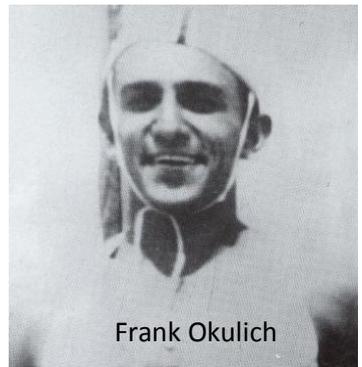
Well known Merewether identity Graham Tamba Adam has been keeping a daily record of events for over 30 years. Each month he shares some aspect of his life with us.

In memory of Frank Okulich – December 6, 1951

I was a 15 month old toddler on that fateful summer's day and it must have been hot as I was on the beach with mum. There were a lot of people on the beach that day including about 100 girls from a local school.

Frank was a Dixon Park Club member who had won the Australian Ski Championship at Scarborough WA earlier in the same year. Interestingly in that race, all placegetters were from the Newcastle area, with Col White from Stockton coming 2nd and Les Lazarus from Newcastle in 3rd place. An indication of the strength of surf craft competitors from this area in that time. This was a great result for Frank after coming 2nd at the NSW Titles in 1950.

On this day however, Frank was bodysurfing with 3 Merewether club members – Jack Blackett, William Morgan and a young fellow named Jones about 100 yds off The Ladies. The other 3 caught a shoot to the beach. Frank missed the wave leaving him out there alone. Moments later witnesses saw him put his arm up and he kept it up as the water around him



Frank Okulich



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started turning brownish and as it spread the siren sounded. Robert Mather and William Morgan in a light craft both entered the water to their credit. It was about an hour later when they assisted with bringing Frank's savagely mauled body in to shore. Missing that wave probably cost Frank his life that day.



InZane Football is Newcastle's first Football Academy to cater for junior and youth players.

Run by former Socceroo Clayton Zane, InZane soccer is aimed at children of different abilities and ages.

holiday soccer clinics - junior Roo (3-5 years) – elite training – school sessions

www.inzanefootball.com

E: info@inzanefootball.com

WEDDING SUPERSTITIONS - 7th October 1905

- ❖ A bride finds a spider on her wedding dress may consider "herself blessed".
- ❖ The bride who dreams of fairies the night before her marriage will be "thrice blessed".
- ❖ If the wedding ring is dropped during the ceremony, the bride may as well
- ❖ If the groom carries a miniature horse-shoe in his pocket, he will always have "good luck."
- ❖ No bride or groom shall be given a telegram on the way to the church it is positively a sign of "evil".
- ❖ Kiss a bride right after the ceremony and before the newly made husband has a chance to do so and you will have "excellent luck" throughout the year.
- ❖ Should the bride per chance see a coffin while being driven to the railway station prior to departing upon her "wedding tour", she should order the driver to turn back and start over again, or else she will surely meet with "bad luck".

From David Barrow



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tucker

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NEWCASTLE						
LAT 32° 56' LONG 151° 47' TIME ZONE -1000						
TIMES AND HEIGHTS OF HIGH AND LOW WATERS						
OCTOBER - 2013						
SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
TIME M	TIME M	TIME M	TIME M	TIME M	TIME M	TIME M
		1	2	3	4	5 ●
		0544 1.33 1130 0.60 1744 1.54	0011 0.42 0623 1.42 1215 0.52 1826 1.59	0045 0.36 0700 1.51 1257 0.45 1905 1.62	0118 0.32 0735 1.60 1337 0.38 1945 1.63	0151 0.29 0812 1.68 1419 0.33 2026 1.62
6	7	8	9	10	11	12 ☉
0227 0.28 0850 1.75 1503 0.30 2109 1.58	0304 0.30 0931 1.79 1550 0.29 2155 1.52	0345 0.35 1015 1.80 1641 0.31 2245 1.44	0431 0.42 1103 1.77 1737 0.34 2340 1.36	0522 0.49 1156 1.73 1839 0.39	0043 1.30 0622 0.57 1256 1.67 1947 0.41	0155 1.27 0730 0.61 1405 1.62 2058 0.41
13	14	15	16	17	18	19 ☉
0310 1.30 0846 0.62 1517 1.61 2202 0.38	0417 1.37 1000 0.58 1625 1.62 2259 0.34	0515 1.47 1107 0.51 1724 1.64 2347 0.30	0605 1.58 1206 0.43 1817 1.64	0031 0.28 0651 1.67 1259 0.37 1905 1.62	0112 0.28 0733 1.73 1346 0.33 1951 1.58	0150 0.31 0815 1.77 1431 0.32 2034 1.52
20	21	22	23	24	25	26
0227 0.36 0853 1.78 1515 0.34 2116 1.45	0301 0.43 0930 1.77 1557 0.37 2158 1.38	0336 0.49 1007 1.73 1637 0.42 2238 1.32	0413 0.56 1044 1.68 1719 0.47 2321 1.26	0451 0.63 1122 1.61 1804 0.52	0007 1.22 0536 0.69 1206 1.54 1854 0.56	0101 1.19 0630 0.74 1257 1.48 1951 0.58
27 ☉	28	29	30	31		
0205 1.19 0736 0.77 1358 1.43 2052 0.58	0313 1.23 0848 0.77 1503 1.41 2148 0.54	0412 1.30 0958 0.72 1605 1.43 2237 0.50	0501 1.40 1057 0.65 1700 1.46 2319 0.44	0544 1.50 1148 0.56 1747 1.49 2358 0.39		



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Add one hour to the times when Daylight Saving Time is in force

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Dirty Laundry - Another Tale from the Laundromat

The Laundromat smelled a bit like stale soap and looked like it had been there forever but the machines at least looked quite modern and I had trouble trying to find out where you needed to put the money, or even how much was required. There was an old lady with bluish-grey hair wearing thick glasses seated in the corner reading a book and when I asked her how the machines worked, I thought it a bit odd when she then asked me what I wanted to wash.

I looked down at my bag of laundry and then back up at the lady. "Clothes" I said and her smile switched to something that looked condescending and pitying at the same time.

You want the ones behind the blue line she said, using her book to gesture in the direction of the blue line.

As I looked around I saw other machines behind a yellow line. These machines looked identical to the "blue line" machines so I asked "what do the ones behind the yellow lines wash then?"

"Pasts" she said nonchalantly as she continued reading.

That was it; I grabbed my bag of dirty laundry and made for the door. This Laundromat caper was not for me.

However, as I headed to the nearest shopping centre to buy myself a clothes dryer, I started to have second thoughts. After all, how many chances do we have to wash away the past and start afresh.... With apologies to Erin Morgenstern



NEW MEMBERS ARE WELCOME.

The Steel City Malibu Club will resume competition after the winter break at 7am on the 8th September 2013, meeting at the southern end of Dixon Park Beach Car Park near the ramp. Competition will then be every second Sunday of the month till June 2014. Divisions that will be contested are A & B Grade, over 50's & 60's, Anything Goes and Old Malibu (pre 1966). Hot and cold drinks with a B.B.Q will be provided to members whilst the contest is operating.





Merewether Baths Cleaning Schedule October 2013

8 October	Tuesday	1.00 PM	0.34
11 October	Friday	4.30 AM	0.5
14 October	Monday	7.30 AM	0.5
18 October	Friday	10.30 AM	0.3
21 October	Monday	12.30 PM	0.3
25 October	Friday	3.00 PM	0.5
28 October	Monday	6.30 AM	0.7

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JEWELLERY
AFFAIR**

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DAVID MCKAY - WATCHMAKER & JEWELLER



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