

# Making Waves

November 2013

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OUR 4th YEAR**

Enquiries, contributions, sponsorship, ECopy  
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## Bar Beach and Nobbys

great new burger menu  
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fresh local seafood dishes  
from 7.00 am – breakfast through to dinner



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**Hamilton South Community Playgroup Centre**  
**Thomas St, Hamilton South**

**Monday Positions available now - all welcome!**

Hamilton South Playgroup Centre is a well equipped play area which caters for indoor, craft and outdoor activities in informal sessions where mums, dads, grandparents, caregivers, children and babies meet together in a relaxed environment.

We meet Mondays, Wednesday, Thursday and Fridays from 10-12 and Tuesdays 12 -2.

Tuesdays 9:30 Play Connect is held for children aged 0-6 yrs with Autism Spectrum Disorder (ASD) or ASD like symptoms



**GO INZANE**

**InZane Football is Newcastle's first Football Academy to cater for junior and youth players.**

Run by former Socceroo Clayton Zane, InZane soccer is aimed at children of different abilities and ages.

holiday soccer clinics - junior Roo (3-5 years) – elite training – school sessions

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Since 2004, a sea of little red and yellow ducks have coloured Newcastle Harbour on Australia Day, January 26 in one of the more unique events in Newcastle –

Ducks for Dollars. Money raised from the annual event

goes towards training and equipment for the surf life saving clubs and the Westpac Helicopter Rescue Service.

It is a terrific way for the 2 organisations to work together to raise funds to ensure that

both organisations can be there, free of charge for the community.

Adopt a duck for \$5 at your local surf lifesaving clubs, the

Westpac Rescue Helicopter Base and

Westpac branches.



**Adopt  
a Duck  
Today- \$5**



**BREAKFAST – LUNCH - TAPAS - CATERING**

**Open 7 days from 7AM**



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## INVITATION

### ROCK POOL RAMBLE with Jenny Robinson

Join me for a ramble on the rock shelf on the northern side of Merewether Baths at 1pm (meet at Juicy Beans) on Sunday 10 December for a close up look at our fascinating marine creatures. *For more information contact Glenis or Tamba at Making Waves.*

### WOMEN LIFESAVERS UNLIKELY - "NOT STRONG ENOUGH" SAYS ALDERMAN NORRIS Saturday 26<sup>th</sup> September 1942

Women are unlikely to be appointed as temporary lifesavers on Newcastle Beaches this summer, according to the Chairman of the Beaches Liaison Committee, Alderman Norris.

"I have no doubt that many girls have the necessary qualifications", he said yesterday, "but I don't think they have the physique and the necessary powers of endurance. They may be able to undertake ordinary rescues, but if heavy seas were running and people got into difficulties, only one in a hundred would be able to stand up to the test".

Alderman Norris said the council was calling for applications for positions as "Temporary Lifesavers" and although there were difficulties in the way, he believed the men would be forthcoming. Before the appointments were made, the position of the "Man Power Authority" must first be obtained, but he did not think this would be withheld.

The protection of the people on the beaches justified the appointments. Alderman Norris expressed confidence, that in addition to Council Life Savers, the beaches would be protected by a "big team of voluntary lifesavers", of whom the back bone of these young men are from 16 to 18, "These boys have been awarded their Bronze Medallions and are keen to do a job", he said, "too much credit cannot be given to their instructors and club officials who encourage them".

The council has two permanent life-savers and four temporary appointments will be made within the next two weeks. Applications for these positions will be considered by the Beaches Liaison committee next Tuesday.

*Submitted by David Barrow*

### HOW TIMES CHANGE

***In season 2013 there is 1 casual and there are 2 seasonal female lifeguards on NCC beaches. Hunter Branch reports show that 39.5% of the voluntary lifeguard members registered in Hunter SLS Clubs last season were female.***

***Figures for the current season are not yet available.***



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beaches  
cafe

**All New Menu**

<b>MONDAYS</b>	Steak Night - \$12.90
<b>TUESDAYS</b>	Fishermans Basket - \$15.00 and Pool
<b>WEDNESDAYS</b>	Schnitzel Night - \$9.90 and Trivia
<b>THURSDAYS</b>	Hamburger Night - \$10.00
<b>SUNDAYS</b>	4PM Live Entertainment followed by DJ at 7PM
<b>FRIDAY to SUNDAY - Newcastle's Best Live Entertainment</b>	



*Well known Merewether identity Graham Tamba Adam has been keeping a daily record of events for over 30 years. Each month he shares some aspect of his life with us.*

Last year, the lifeguards at Merewether and Dixon Park spotted a distressed whale in the area of the nets off Merewether. As Dixon Park lifeguard room is a bit higher than Merewether, they had a better view. Their lifeguard recognised what she thought was a net tangled on the back of the whale. The lifeguard at Merewether that day recalls that he could see the white buoys of the shark net on the animal. The Nobbys jet ski came around and monitored the animal but after about 2 hours he had to return to Nobbys with the ski and hand it over to another lifeguard. When the ski returned, the whale had disappeared – hopefully he broke free to survive the ordeal.

Shark nets are staggered and placed in currents in order to prevent predators from setting up home territory. They do work and over the years, the nets off our beaches have caught whites, bronzies, tigers and hammerheads. Unfortunately they can also trap other large mammals or fish and even seals and sea turtles. Understandably, many people are divided about the use of shark nets for that reason. Only a few weeks ago, a dolphin was trapped in the nets off Merewether.

## **Blue-ringed Octopus -Hapalochleana maculosa.Phylum: Mollusca**

Brown or yellow in it's natural state - you won't see the blue rings until it's too late!

First you will feel nauseous, your vision becomes hazy, within seconds you are blind, you lose your sense of touch, you cannot speak or swallow. Three minutes later you are dead.



There is no known anti-venom!

Currently regarded as one of the world's most venomous animals, the small Southern Blue-ringed Octopus has a well deserved reputation as an animal to avoid.

Found around the southern waters of Australia, the octopus likes to inhabit old shells, sheltering under rocky ledges and rock pools where its soft flexible body allows it to squeeze easily into tight spaces where it rests during the day and hunts at night. They have a relatively short life span of less than 2 years, have 3 hearts and blue blood.

Not an aggressive species, the southern blue ring will make every effort to conceal itself, having the ability to camouflage itself to hide from predators. When threatened, the animal turns darker in colour and the fine brown circles expand, change colour and glow like pulsating blue neon. During periods of irritation or defensive aggression the octopus is potentially most dangerous to humans.

Starting life the size of a pea and fully grown at about the size of a golf ball, it carries enough poison to kill 26 adults in 10 minutes. Poison is not injected but is contained in the octopus's saliva which comes from two glands each as big as it's brain. Poison from one gland is used on it's main prey, fish, shrimp, crabs, and is relatively harmless to humans. Poison from the other gland serves as defence against predators. It will either secrete poison in the vicinity of it's prey, waits until it is immobile and then devours it, once the prey is dead the octopus consumes it with it's powerful beak.

After mating in Autumn, the male dies, the female lays her eggs and carries them in her arms until they hatch. After the young emerge from their eggs, the mother dies.

*Jenny Robinson*

***Photo was taken by Jenny at a recent sighting at around 5pm in September 2013 on the northern Merewether rock platform***



NEWCASTLE						
LAT 32° 56'      LONG 151° 47'      TIME ZONE +1000						
TIMES AND HEIGHTS OF HIGH AND LOW WATERS						
NOVEMBER – 2013						
SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
TIME M	TIME M	TIME M	TIME M	TIME M	TIME M	TIME M
					<b>1</b>	<b>2</b>
					0623 1.61	0035 0.35
					1234 0.46	0701 1.72
					1833 1.52	1319 0.37
						1918 1.54
<b>3</b> ●	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
0113 0.32	0154 0.32	0237 0.34	0324 0.38	0415 0.44	0512 0.51	0039 1.36
0743 1.82	0825 1.89	0910 1.93	0958 1.93	1047 1.89	1142 1.82	0614 0.58
1404 0.29	1451 0.23	1541 0.21	1633 0.21	1730 0.25	1828 0.30	1241 1.73
2005 1.54	2054 1.52	2145 1.49	2239 1.44	2337 1.39		1930 0.34
<b>10</b> ☉	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
0145 1.36	0254 1.39	0357 1.46	0453 1.55	0543 1.64	0628 1.71	0038 0.41
0722 0.63	0836 0.64	0950 0.62	1100 0.57	1200 0.50	1252 0.44	0709 1.77
1345 1.64	1454 1.57	1601 1.52	1702 1.49	1757 1.47	1846 1.44	1338 0.40
2032 0.37	2132 0.39	2226 0.39	2315 0.39	2359 0.39		1932 1.42
<b>17</b>	<b>18</b> ○	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
0116 0.43	0153 0.47	0229 0.50	0304 0.55	0342 0.59	0422 0.64	0506 0.69
0748 1.80	0826 1.81	0901 1.80	0937 1.77	1013 1.73	1050 1.68	1130 1.61
1419 0.37	1459 0.37	1536 0.37	1614 0.39	1651 0.43	1731 0.46	1815 0.49
2015 1.39	2056 1.37	2136 1.34	2215 1.32	2256 1.29	2340 1.27	
<b>24</b>	<b>25</b>	<b>26</b> ☾	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
0028 1.26	0122 1.26	0221 1.29	0320 1.36	0414 1.45	0501 1.56	0546 1.68
0556 0.73	0654 0.77	0800 0.78	0911 0.76	1017 0.69	1117 0.60	1211 0.48
1215 1.54	1306 1.47	1405 1.41	1509 1.38	1612 1.38	1709 1.40	1802 1.43
1902 0.52	1954 0.53	2047 0.53	2138 0.51	2226 0.47	2311 0.43	2355 0.39

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National Tidal Centre Datum is Lowest Astronomical Tide  
Add one hour to the times when Daylight Saving Time is in force



September 19 - Image by Daniel

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## The Power of Nature – May 1974.



With all the work taking place at Merewether at the moment, I am constantly reminded of how fortunate we are to have the “old” men of the sea like Laurie March who are still able to share their memories of Merewether and its history with us.

Recently MW was told of an incident centred on the Sygna storm events. In May 1974, giant seas and damaging winds lashed the coast and every grain of sand was stripped from Merewether leaving a dangerous rocky shoreline that would take seasons to recover. Tamba tells that it was possible to to dive into the ocean from the bottom promenade at this time.

As the story was told, urgent work to stabilise the ramp and the undermined areas began despite continuing high seas and gale force winds prevailing.

Unfortunately, the workmen had thought that their construction equipment was safely stowed at the base of the Merewether ramp but mother nature thought otherwise and all their equipment was swept out to sea, never to be seen again! MW was warned that this story came from a long serving Merewether lifeguard



who was known never to let the truth get in the way of a good story, so I was warned to get it verified before it went to print.

Who better than Laurie March, I thought – after all this story had all his favourite elements – construction, Merewether and the ocean!

As it turned out, Laurie did recall the event taking place but as is his way, in the recalling of the Sygna storms he had a far more fascinating story to tell and he proceeded to hold me spellbound that morning with his tale – but that story ...is for another day!

## Newcastle Lawnmowing & Landscape Maintenance Mark Paisley

Mob: 0402 431 222

Ph/Fax: 49 62 1582

mhpaisley@bigpond.com

### A Rare Treat

What is well known is that the Glenrock area has long been regarded as a natural haven from the hurly burly of life. The park conserves over 500 hectares of natural coastline close to the heart of Newcastle and it has striking headlands, attractive beaches and pockets of rainforest. Its rocky creeks flow over waterfalls, past enclosing cliffs into water-worn rockpools before entering picturesque Glenrock Lagoon.

The park is an ideal place to enjoy beach activities, bushwalking, mountain bike riding, hang gliding and even horse riding. It is a cultural landscape of state heritage significance and contains several Aboriginal and historic sites of great interest.

What is not quite so well known is that a biological survey is said to have taken place in the 30's. In that survey it is said that botanists found a few trees that were said to be extinct. They were said to be located along Flaggy Creek. These trees were never fenced off as it was thought that may attract attention to them and in turn invite vandalism. It is not known whether these trees have been destroyed by fire or not as their exact location is not known.

These rare trees hopefully are safely standing tall at Glenrock waiting for a rediscovery in the future.

*With thanks to John F Grothen's "the History in and about Glenrock Lagoon"*

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## 11<sup>th</sup> NOVEMBER 'REMEMBRANCE DAY'

At 11am on 11<sup>th</sup> November 1918 all of the big guns involved on the Western Front in World War 1 fell silent after more than four years of continuous warfare. The Allied armies had inflicted heavy defeats on the German forces during the previous four months and in November the Germans called for an armistice (suspension of fighting) in order to secure a peace settlement, the Germans accepted the Allied terms of unconditional surrender, part of this surrender was agreement that all hostilities/fighting would cease at 11am on 11<sup>th</sup> November.

The 11<sup>th</sup> hour Of the 11<sup>th</sup> day of the 11<sup>th</sup> month attained special significance in the years after the 'Great War'. This moment when hostilities ceased became universally associated with the remembrance of all those who had died in this conflict, more than 10 million people are thought to have perished in WW 1.

In 1919 on the first anniversary of the Armistice two minutes silence became part of the commemorative service 'in memory of all those who had died', this has now been adopted as a central feature of all commemorative services.

After the end of the Second World War, the Australian and British Governments changed the name of Armistice Day to Remembrance Day after it was decided that the 11<sup>th</sup> hour of the 11<sup>th</sup> day of the 11<sup>th</sup> month would be the day on which we remembered all of those who had perished in both the First and Second World Wars. Armistice Day was no longer an appropriate title for a day when we would commemorate all war dead.

In 1993 on the 75<sup>th</sup> Anniversary of the Armistice the remains of an unknown Australian soldier was exhumed from a World War 1 military cemetery and were ceremonially entombed in the Canberra War Memorial's Hall of Memory.

In 1997 Governor-General Sir William Deane issued a formal proclamation declaring 11<sup>th</sup> November to be Remembrance Day, urging all Australians to observe one minutes silence at 11am on 11<sup>th</sup> November each year to remember all of those who had died or suffered for Australia's cause in all Wars and Armed conflicts.

### RED POPPIES

The Flanders poppy has long been a part of Remembrance Day, during the First World War red poppies were among the first plants to spring up in the devastated battlefields of northern France and Belgium. In soldiers' folklore, the vivid red poppy came from the blood



of their comrades soaking in the ground. In English literature of the nineteenth century, poppies had symbolized sleep or a state of oblivion, in the literature of the First World War a new, more powerful symbolism was attached to the poppy—the sacrifice of shed blood.



In 1915 after the battle at Ypres Lieutenant Colonel John McCrae was moved to write his poem “In Flanders Fields”. Moina Michael, who worked for the American YMCA read McCrae’s poem and decided to wear a red poppy always as her way of keeping faith, as is urged in McCrae’s poem, this idea was later taken further by selling red poppies to raise money for widows, orphans, and needy veterans and their

families. The poppy soon became widely accepted throughout the allied nations as the flower of remembrance to be worn on Remembrance Day, the poppy has also become very popular on floral wreaths which are laid on Anzac day.

#### **MEREWETHER RSL ANZAC DAY**

At the 2013 Anzac Day service conducted by the Merewether RSL Sub Branch at the Mitchell Park Memorial Gates School students were invited at the completion of the service to help plant poppy seeds in the garden bed surrounding the flag pole.

It was hoped that these poppies would grow and blossom around about 11<sup>th</sup> November 2013.

These poppies are now in bloom and the RSL Sub Branch is hoping that the flowering will last until Remembrance Day.

***A big thank you to all of those students involved with this planting***





**The great blue wall of Bar Beach**  
*– Surely there is a better way to greet the day!*

### Merewether Baths Cleaning Schedule - November 2013

1 November	Friday	9.30 AM	0.4
4 November	Monday	11.30 AM	0.2
8 November	Friday	2.30 PM	0.3
11 November	Monday	6.00 AM	0.6
15 November	Friday	9.30 AM	0.4
18 November	Monday	11.30 AM	0.3
22 November	Friday	2.00 PM	0.4
25 November	Monday	4.30 AM	0.7
28 November	Thursday	8.00 PM	0.4



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PH: 49694278



THE JEWELLERY AFFAIR

DAVID MCKAY - WATCHMAKER & JEWELLER



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