

Making Waves

February 2013

A free community newsletter for Bar
Beach, Merewether, Dixon Park, and
The Junction

Enquiries, contributions, sponsorship, ECopy
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<http://makingwaves.yolasite.com/>



Bar Beach and Nobbys

- great new burger menu
- breakfast, lunch and dinner 7 days a week
- best double cooked chips on the coast
- all meals prepared in-house with local produce
- healthy grilled options available
- fresh local seafood dishes
- from 7.00 am – breakfast through to dinner

by George – he's got it!



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"innovative refuelling specialists"

Don't get Cut!

You may think you've heard it all before but consider how well you protect your skin when you go to the local shop, drive to work, walk the dog or when you're at the beach ... are you really protecting your skin?

Here are five easy steps you can take to protect your skin from the sun:



1. **Shade**

The strength of UV radiation is highest in the four-hour period around noon: 10am to 2pm or, during daylight savings: 11am to 3pm. The best thing you can do for your skin is to avoid the sun during this period and seek shade. Plan your day.



2. **Protective clothing**

Wear clothing that covers as much skin as possible, especially your shoulders, arms and legs. The best forms of protective clothing are loose fitting, closely woven fabrics that cast a dense shadow when held up to the light.



3. **Broad-brimmed hat**

A hat with a brim of at least 7cm is a great way to protect not only the top of your head but also your neck, ears and face. These are parts of the body where skin cancer often occurs.



4. **Sunglasses**

The most effective way to protect your eyes is to wear sunglasses that meet the Australian Standard AS 1067 and wrap around the sides of the face. This way UVR doesn't reach your eyes.



5. **Sunscreen**

Used properly, sunscreens are effective in preventing sunburn. This means generously applying SPF30+ broad spectrum sunscreen to your skin, 20 minutes before you head outdoors. Remember to re-apply every two hours.

MEREWETHER AT FIVE SHILLINGS AN ACRE!

Thursday 27th November 1958

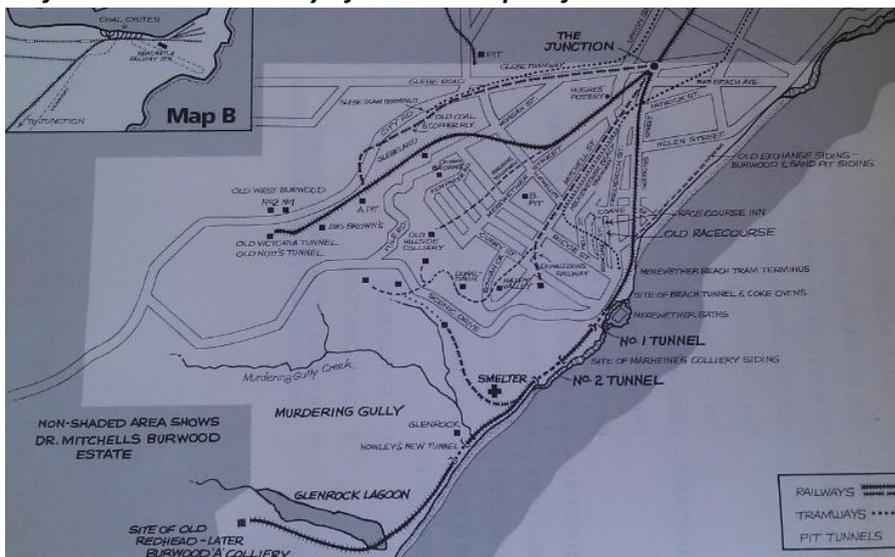
The late Doctor James Mitchell bought 900 acres of Merewether in 1835 for £237/10/0, the Secretary of Merewether Progress Association Mr R. C. Morgan said last night. Mr Morgan was addressing about 100 people on the History of Merewether. The Meeting in Park Street Methodist Church Hall was sponsored by Merewether Progress association.

Photographs and old documents were shown.

Mr Morgan said the land, known as Burwood Estate, stretched from Bar Beach to Glenrock Lagoon. Doctor Mitchell was a prominent figure in Newcastle, leasing land to others to mine for coal and owning a large "Weaving Factory" at Stockton. He started a Copper Smelting works in Merewether, which was taken over by the Newcastle Coal and Copper Company. This company went Bankrupt in 1862 and the works reverted to Doctor Mitchell.

Coal Mining started at Merewether in the 1840's and by 1862 "one and a half million tons" had been taken out of the Merewether Hill Mr Morgan said. The A. A. Company which held large areas of land in Newcastle and almost had a monopoly on coal extraction offered Mr Mitchell and other miners some opposition in his mining and smelting ventures".

David Barrow wonders what Dr Mitchell would think with the prices being paid for ¼ acre blocks today after what he paid for his 900 acre in 1835!



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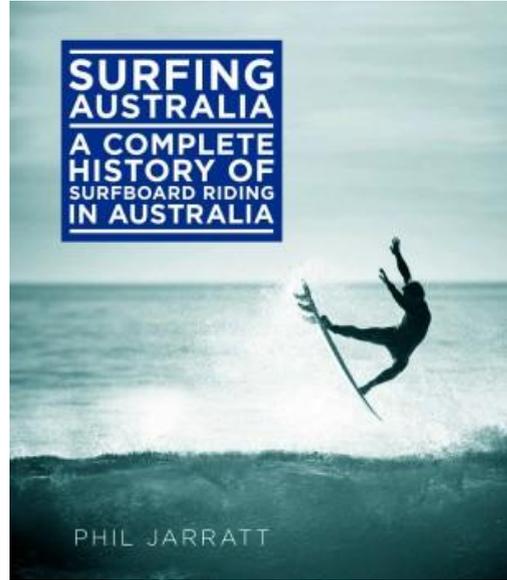
Phil Jarratt

Topping the "Best Sellers" list recently was Phil Jarratt's book, "Surfing Australia"

Making Waves thought that many of our readers who missed out on receiving a copy of this book from Surfing Santa may like to shout themselves this fascinating read for the days when the surf is just not up to par!

Over the past fifty years, surfboard riding in Australia has moved from

the rebel fringe to the sporting mainstream, producing some of the greatest champions the world has seen, while maintaining an edgy cool. For the first time, this book tells the complete story, not just of the half-century of organised surfing, but of the years of adventure and experimentation that preceded it.



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NEWCASTLE

LAT 32° 56' LONG 151° 47' TIME ZONE -1000
TIMES AND HEIGHTS OF HIGH AND LOW WATERS

FEBRUARY - 2013

SUN. TIME M	MON. TIME M	TUES. TIME M	WED. TIME M	THURS. TIME M	FRI. TIME M	SAT. TIME M
					1 0524 0.53 1131 1.60 1748 0.38	2 0015 1.55 0618 0.57 1219 1.44 1832 0.44
3 ☉ 0108 1.56 0722 0.60 1316 1.37 1925 0.50	4 0210 1.58 0837 0.61 1430 1.28 2027 0.55	5 0318 1.63 0959 0.57 1552 1.25 2138 0.58	6 0427 1.70 1114 0.48 1709 1.29 2247 0.53	7 0530 1.80 1216 0.37 1815 1.36 2351 0.47	8 0629 1.89 1311 0.27 1911 1.44	9 0048 0.41 0722 1.95 1358 0.21 2001 1.52
10 ● 0141 0.36 0812 1.96 1442 0.18 2048 1.58	11 0231 0.35 0859 1.93 1524 0.20 2132 1.61	12 0321 0.37 0943 1.85 1603 0.25 2215 1.62	13 0408 0.42 1024 1.73 1640 0.32 2256 1.61	14 0455 0.49 1104 1.59 1715 0.41 2336 1.58	15 0542 0.57 1143 1.46 1750 0.50	16 0017 1.54 0631 0.65 1224 1.33 1826 0.59
17 0102 1.50 0727 0.70 1312 1.23 1910 0.66	18 ☉ 0155 1.47 0831 0.74 1415 1.16 2006 0.72	19 0256 1.46 0945 0.73 1533 1.13 2115 0.74	20 0401 1.48 1055 0.68 1650 1.17 2223 0.72	21 0501 1.53 1152 0.61 1749 1.23 2322 0.67	22 0553 1.60 1236 0.53 1835 1.30	23 0011 0.61 0637 1.67 1314 0.46 1915 1.38
24 0054 0.54 0716 1.72 1347 0.39 1951 1.45	25 0133 0.49 0755 1.76 1420 0.34 2027 1.52	26 ○ 0213 0.44 0832 1.78 1452 0.31 2103 1.59	27 0254 0.41 0911 1.77 1526 0.30 2141 1.65	28 0338 0.40 0951 1.72 1601 0.31 2220 1.69		

© Commonwealth of Australia 2011 - Bureau of Meteorology
National Tidal Centre Datum is Lowest Astronomical Tide
Add one hour to the times when Daylight Saving Time is in force



Seascape
and Beyond

ART
EXHIBITION

Calling all artists to
exhibit 22-24 March 2013

Closing date for entries
Thursday 28 February 2013

Enquiries 0411 744 041

Proudly supporting
beyondblue

THE UNIVERSITY
FOUNDATION

THE UNIVERSITY OF
NEWCASTLE
AUSTRALIA

Info and artists' entry form - www.seascapeandbeyond.wix.com/seascape-and-beyond



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All New Menu

MONDAYS	Steak Night - \$12.90
TUESDAYS	Crumbed Lamb Cutlets and Pool - \$15.00
WEDNESDAYS	Schnitzel Night - \$9.90 and Trivia
THURSDAYS	Hamburger Night
SUNDAYS	4PM Live Entertainment followed by DJ at 7PM
FRIDAY to SUNDAY - Newcastle's Best Live Entertainment	



*Well known Merewether identity Graham **Tamba** Adam has been keeping a daily record of events for over 30 years. Each month he shares some aspect of his life with us.*

There is an old saying that the best things in life are free, and for me the best thing is the ocean. In my case at the moment it is hopping on my ski or paddleboard of a morning and paddling round to Burwood, Nobby's or Redhead and just switching off, I am at peace with the world, especially on one of those beautiful days that are crystal clear and smooth!

Over the years I have been to some beautiful beaches besides the ones at Newcastle and Port Stephens. I have experienced surfing at Bells - waves over head and uncrowded – those days you just don't forget.

We had a caravan in the mid 90's which we kept at Moby Dick and I used to go up there a lot during the week. No-one much around and often Blueys and Boomerang to myself – surf all day, fishing at night – so serene and so special! In 1982 I went to Hayman Island for 4 months..to work..and on my days off, I went around the islands on a surfski, sometimes taking all day to do it.

I would take a packed lunch and on some islands it was just me and the birds, surrounded by fish and dolphins. I felt at one with nature.

One special day that stays in my mind was about 10 years ago. I had headed out from Birubi on my ski going down towards the Sygna .On my way back, I heard a noise behind me and when I looked around I saw 5 large whales all in a row and they were headed my way! It was a bit scary. Before I knew it they were coming through beside me and they seemed to slow down once they got to me so I went for a bit of a ride with them about 20m away from me...for about a km. An experience not many people have – and one I will never forget!



Sharing the Joy

For the past 10 years, Garry and Sylvia Semetka who live and work in Germany, return to their house in Merewether for December and January to enjoy all the pleasures Merewether has to offer. They do their laps in the pool of a morning, a bit of surfing and lots of catching up with friends over many cappuccinos at the beach.

Sylvia particularly likes dolphins and on January 8 (that sweltering day) she saw some off Merewether Beach. Their good friend Greg reacted quickly and asked Tamba to take her out on a paddleboard to get a closer look. Of course he obliged and they both went out and had a great time. It was Sylvia's first time on a paddleboard and who better to take her out!

Garry reports that he now thinks she has caught the bug from him!

Cafe Llewellyn



A beautiful space to celebrate and cherish the simple things in life

A welcome addition to the Merewether shops is Cafe Llewellyn – a real alternative for catching up with friends over breakfast, lunch, coffee or afternoon tea.

The TAB at Merewether has been transformed into a cool, light and airy space by James Sneddon and Genevieve Burke. They believe the essence of a great meal is simple, fresh, quality ingredients that create a blend of complementary flavours. Together with chefs Tom and Aimie have put together a tasty and refreshing menu which is available as takeaway or eat in.

Cafe Llewellyn is happy to cater for your private functions and events.



Open Monday to Friday - 6 am to 6 pm

Saturday and Sunday - 6 am to 3 pm

Dinners coming soon!

32 Llewellyn Street Merewether

Ph:4963 1516

<http://www.cafellewellyn.com/index.html>



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Always on Duty - our Surf Lifesaving Volunteers



Late in the afternoon on January 5, 2013 a lucky swimmer had 3 off duty members of the Merewether Surf Life Saving Club, Mark Owen, Kev Buckley and Ralph Foster watching over her at Merewether Beach when she got into trouble after normal patrol had ended.

She was pushed on to a sand bank and was unable to swim to

shore and raise her hand for help.

Due to their training, these 3 Surf club members were able to quickly recognise that she was in danger when she was caught in a rip when their training took over and they sprang into action.

She was rescued by our 3 intrepid sons of the beach.

Had it not been for the swift action of these 3 trained Surf Life Saving Club members who were on the spot and alert, this incident could have ended quite differently.

The value of the Surf Life Saving Bronze Medallion training can never be underestimated.

Check your local SLSC for their next Bronze Medallion training course!



WATCH and CLOCK REPAIRS

WATCH WATER PRESSURE TESTING

WATCH BATTERIES

SHOP 12 JUNCTION VILLAGE, KENRICK STREET THE

JUNCTION

PH: 49694278

**THE
JEWELLERY
AFFAIR**



THE JEWELLERY AFFAIR

DAVID MCKAY - WATCHMAKER & JEWELLER



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Bill the Merwether Pigeon drops in over the summer break



Bill recently caught up with Nan Harris of Merwether while he was back in his old stamping ground and she was able to reassure him regarding the latest threatened loft of “homeless” pigeons in our city who currently reside at the grand old David Cohen building in Bolton Street.

Nan told Bill that the pigeons have nothing to worry about as “Newcastle abounds in accommodation for pigeons, both holiday and permanent. Much of this is in beautiful old buildings with harbour and ocean views, built of magnificent sandstone and timber, and are long standing. It seems this accommodation could be available for many years to come” she said. Bill’s feathers did become a little ruffled however at Nan’s passing comment that she had “never eaten pigeon pie, but now with some new blood in the city that the situation regarding accommodation could change” and if that happened and “if the pigeons were to survive and multiply that it could open an opportunity here for someone to seize upon – an exotic food outlet in the struggling CBD!”

With thanks and apologies to Nanette Harris



GO INZANE

InZane Football is Newcastle’s first Football Academy to cater for junior and youth players.

Run by former Socceroo Clayton Zane, InZane soccer is aimed at children of different abilities and ages.

holiday soccer clinics - junior Roo (3-5 years) – elite training – school sessions

www.inzanefootball.com

E: info@inzanefootball.com



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The return of the Jim Beam Surftag Series began on Saturday, January 5, with the NSW North Qualifier at Merewether Beach.



The series is Australia's largest team surfing competition and offers a prize pool of over \$130,000 with the winners receiving \$15,000.

Teams have 4 open surfers and one over 30 rider. They must each catch 3 waves before "tagging" another team mate in hour long, 4 side heats.

16 Teams from the Central Coast, Newcastle and the mid North Coast battled at Merewether for the 6 qualifying spots at the Australian Championshipsto be held later in the Year at Duranbah on the Gold Coast.

Merewether Surfboard Club on their home break were pushed all the way by North Shelly in the final. Shelly were leading right up to the final surfer in the water when Merewether Blue consisting of Mitchell Ross, Ryan Callinan, Craig Anderson, Jesse Adam and Paul Parkes finally inched into the lead to the relief of those watching from the shore. They were able to hold out their strongest rival Nth Shelly and so claim back to back titles. Merewether Black took out 3rd position from Port Macquarie.



Merewether Baths Cleaning Schedule
February 2013

1 February	Friday	2.00 PM	0.3
4 February	Monday	5.00 AM	0.5
8 February	Friday	9.30 AM	0.2
11 February	Monday	12.00 PM	0.2
15 February	Friday	2.30 PM	0.4
18 February	Monday	5.00 AM	0.7
22 February	Friday	9.00 AM	0.5
25 February	Monday	11.00 AM	0.3

Mayfield Bookshop

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Merewether SLSC Life Members at the Life Members and Season Launch Breakfast, September 2012



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