

Making Waves June 2010



A free community newsletter for the Merewether, Dixon Park, Bar Beach and The Junction areas

For enquiries, contributions, advertising or sponsorship

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Welcome to the first edition of “Making Waves”

This newsletter has evolved from a demand for a monthly newsletter for the beaches and the Merewether Junction shopping precinct. The aim is to promote local news, sport and events in a colourful format while embracing the laid-back Australian coastal lifestyle that this area offers and also to provide local business with an affordable advertising medium. Contributions are welcome and should be submitted by the 20th of each month for inclusion in the following issue.

Bill the pigeon spoke briefly with our undercover reporter today regarding the rehousing dilemma facing his loft. Many of the pigeons are totally disoriented and do not know what to do said Bill. I have taken a vote and 120 birds are prepared to move to new premises at Newcastle Post Office, however the majority of the loft wants to stay in Merewether – the only home they know!

Work has begun on a temporary camp at Burwood until a final decision can be reached.

More details as they come to hand...



Introducing Adam.

Adam's face may be familiar to you as he has been the permanent lifeguard at Merewether Beach for more than 10 years throughout the season. It was he who saw the need for a community newsletter promoting the good things about this area.

FAVOURITE BEACH: Cellito Beach near Sandbar because it is always offshore in a northeaster.

FAVOURITE EATERY: Home – my wife is a great cook

FAVOURITE MOVIE: Mad Max

WEEKEND ACTIVITY: hanging with the family – SJ, Edie and Toby

SPORTING TEAM: He says Knights, but in his heart – he is a Wests man!

FAVOURITE THING ABOUT YOUR JOB: “water patrol” on a big 3rd reef day!

QUOTE: The more you listen, the more you learn!

The Olive Tree Market is an exciting market held at the Junction Public



**First Saturday
each month
9:00am - 3:00pm**

School on the first Saturday of each month. Nestled under the old olive tree, the market showcases the very best of Newcastle's contemporary art, craft, design and fashion directly by the artist... Come gather and share in the market's quirky, colourful and eccentric atmosphere, while finding that unique

purchase, drinking good coffee and mingling with friends and artisans...

Katie 180's Surf Etiquette Guide to the Galaxy



Surfing is one of the many great pleasures in life. Being able to enjoy activities in the water improves fitness, co-ordination, strength, stamina and ultimately is a perfect way to relax and unwind after the stress of daily life. To ensure the enjoyment and safety of all who use the beach, it is essential that people of all walks of life adhere to the following surfing etiquette guide:

1. The primary colours are red, yellow and blue. The colours of the flags you find at the beach are also these colours, as they are the most distinct and easily recognisable. You have already spent a day at school or at work, thinking time is over, no one expects you to have to have a degree to figure out where to swim or where to surf. Swim between the red and yellow flags and surf outside of the blue flags.
2. The average surfboard weighs between ten and twenty kilograms. The average human weighs between sixty and eighty kilograms. Put the two together and you have a combined weight of seventy to one hundred kilograms. When trying to negotiate your way through a mass of surfers in the line-up, a crash with one unsuspecting surfer is most likely going to be unavoidable. In this instance, you may have to sacrifice an epic bottom turn or slash over the lip, for someone's life. Jump off your board. You do the maths I know what I'd rather have hit me over the head.
3. Party waves are not for everyone. Unfortunately for some more unconventional surfers out there, the very vast majority of surfers believe that waves are only big enough for one surfer. Therefore, yelling out 'party!' in a crowd of locals that you don't know, as a set rolls through is not going to gain you any respect, or any waves for that matter.
4. Priority on a wave belongs to the surfer closest to the breaking part of a wave. 'Dropping in' or 'snaking' another surfer occurs when you paddle into a wave on the outside of a surfer already on a wave. In surfing terms this is entirely and completely

unacceptable and will not be tolerated or respected in the water. It doesn't matter who you are, who you think you are or how long you have been surfing for, don't drop in on another surfer's wave.

5. 90% of the lifeguards at the beach are attached. By this I mean, they are either married, have girlfriends or boyfriends (or both) or have only one love in their life – that being the ocean. Therefore, coming to the beach, is not an opportunity to try and fake an injury or ask a question you already know the answer to. Lifeguards are paid by the council to protect the lives of all beach goers. They do not appreciate being bombarded with bikini clad women trying to pretend like they couldn't see the rip.
6. And finally, it pays for all of us to remember, that we are not the sole users of the ocean. There are no doubt thousands of marine creatures who spend their whole existence in the water. Everyone knows there's nothing better than a swim in a perfect, crystal clear, blue sea. So, let's keep it that way, be very wary of what substances you may be putting in the water when you have your daily swim or surf.

A Day in June



Well known Merewether identity Tamba Adam has been keeping a daily record of events for over 30 years. Each month he is going to share a day from his life.

Saturday 28 June 1997

A great day's surf 4'-6' waves. It was a sunny day, with lots of people on the beach. Went surfing on MR 6'8" twin fin and rode lots of great waves. Mick Adam (brother) best surfer out. Did one rescue of a young girl at the rocks. Went fishing at 4pm, got 2 good bream. Won \$300 at TAB – big night at the pub!

Merewether Baths Cleaning Schedule – June 2010

10 June 2010 Thursday 8.30am 0.5
 24 June 2010 Thursday 8.30am 0.5

Note: Cleaning may be altered if the weather conditions are unsuitable.

Tide Chart Newcastle June 2010

LAT 32° 56' LONG 151° 47' TIME ZONE UTC +10HRS						
TIMES AND HEIGHTS OF HIGH AND LOW WATERS						
☛ Denotes Public Holidays						
SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
TIME M	TIME M	TIME M				
		1 0525 0.51 1130 1.33 1646 0.76 2315 1.70	2 0605 0.55 1213 1.32 1733 0.80 2356 1.61	3 0647 0.58 1300 1.33 1826 0.83	4 0042 1.53 0732 0.60 1352 1.35 1928 0.85	5 ☉ 0135 1.45 0819 0.61 1447 1.40 2037 0.85
6 0235 1.39 0906 0.62 1541 1.47 2147 0.81	7 0338 1.35 0952 0.61 1630 1.55 2252 0.75	8 0437 1.34 1035 0.61 1715 1.64 2347 0.66	9 0531 1.34 1118 0.60 1759 1.74	10 0036 0.56 0624 1.35 1201 0.58 1841 1.83	11 0122 0.46 0714 1.37 1245 0.57 1925 1.91	12 ☉ 0207 0.38 0804 1.40 1332 0.55 2010 1.98
13 0253 0.32 0855 1.42 1421 0.54 2058 2.02	14 0340 0.28 0946 1.44 1513 0.54 2145 2.02	15 0429 0.27 1038 1.45 1606 0.55 2235 1.98	16 0518 0.29 1130 1.47 1702 0.58 2327 1.90	17 0609 0.32 1225 1.49 1802 0.62	18 0020 1.78 0700 0.37 1322 1.52 1908 0.65	19 ☉ 0118 1.65 0751 0.42 1421 1.56 2019 0.67
20 0222 1.51 0843 0.48 1521 1.62 2137 0.66	21 0330 1.41 0934 0.52 1619 1.69 2253 0.61	22 0439 1.34 1026 0.56 1714 1.76 2359 0.55	23 0542 1.31 1116 0.59 1804 1.81	24 0053 0.48 0639 1.31 1206 0.60 1852 1.85	25 0140 0.43 0731 1.32 1254 0.61 1936 1.87	26 ○ 0222 0.40 0817 1.34 1338 0.61 2018 1.87
27 0300 0.40 0900 1.35 1420 0.62 2057 1.85	28 0338 0.41 0940 1.36 1500 0.63 2133 1.82	29 0414 0.43 1017 1.36 1539 0.65 2209 1.76	30 0448 0.45 1056 1.37 1620 0.68 2244 1.70			



Did you know????

Well before the formation of The Ladies and Merewether Baths, The Gulf (200m South of the existing baths) was used extensively for swimming until the sewerage outfall became operational in 1907. A grant of £600 was made available by the govt for the construction of the concrete Ladies Pool. The pool was opened for bathing in 1928. At that time it was the centre of aquatic activities for the local population. Just a few metres north of the Ladies, is a rocky prominence called Sailor's Rock, in the centre of which was a lightpole which lit the area at night. It was removed just prior to WW11. Sailor's Rock was directly in line with that Merewether icon – the fabled Surf House. 200 metres South of the Ladies pool, the Merewether Ocean Baths complex was formed on a relatively large rock plateau. It consisted of a large pool, with an assortment of playthings – a slippery dip, brightly coloured pontoons and diving board to name a few. Sadly these things have been removed. The 2nd pool in the complex was named the Children's Pool. Construction of the Merewether baths complex was extremely difficult using primitive tools and much transport of rock. The rock was used in the foundations of local streets including Ridge, Frederick, Lingard and Lockyer to name a few. The building of the baths complex was a godsend for many workers as it was built in the Depression years. Work commenced on the baths in early 1934 and they were officially opened by the Mayor of Merewether, Alderman W Henderson on Nov 9, 1935. It is thought that the Merewether Ocean Baths complex is the largest in Australia and possibly the Southern Hemisphere, only surpassed by a huge crescent shaped tidal pool in Casablanca of all places.

Clubs in focus

	<p>Voluntary members of the club have patrolled the beach on weekends and public holidays from October to May since December 1907. On weekdays a Newcastle City Council Lifeguard patrols the beach. Present club membership is approximately 450.</p>
	<p>Many aspects of Cook's Hill SLSC remain unchanged over 99 years; the wonderful beach patrolled without the loss of any lives, loyalty of members, and their enthusiasm and determination to succeed. These are some of the attributes still evident throughout the long history of the club. More next month on celebrating Cook's Hill SLSC 100 years of operation in early 2011.</p>
	<p>Home games - June Round 9 5-Jun Lake Macquarie v MC Queen's Birthday 12-Jun Round 10 19-Jun Waratah v MC Round 11 26-Jun HOME v Maitland</p>
	<p>Merewether Surfboard club has a proud heritage including many stand out surfers and champions such as Jim Newburn, Peter Cornish and Mark Richards.</p> <p>Though the more formal version of the club is entering its 25th year, it is closer to thirty years since a group of friends, who surfed at Merewether Beach, united in a common cause.</p>



Merewether Landcare works at Merewether Beach every Tuesday morning from March until December. Meet on site at 8.30am.



Fixtures for June

6/06/2010 3:00 pm Townson Oval South Newcastle v Cessnock

19/06/2010 3:00 pm HEZ Sportsground Kurri Kurri v South Newcastle

27/06/2010 3:00 pm Cahill Oval Lakes United v South Newcastle



Merewether Historical society meets every 2nd Tuesday of the month at St Augustine's Hall 37 Winsor Street, Merewether at 2pm.
New members welcome
Next Meeting: June 8

No mention of your club in this edition?

Email : glen_is@optusnet.com.au with your contribution for next



The club welcomes swimmers of all ages (our youngest member is 17, our oldest 92) and abilities. The Mackerels are the only club in the district to proudly accept men and women members.



We swim every Sunday morning (swimming starts at 8.30 am) from May through to September at the magnificent Merewether Ocean Baths, located in Merewether, Newcastle. Meet us at the pool, or contact us via

merewethermackerels@gmail.com



Introducing Gabby

Gabby is an American exchange Student completing a degree in Environmental Studies at the University of Newcastle.

FAVOURITE BEACH: Merewether because it offers plenty of smiling faces, challenging waves and delicious coffee.

FAVOURITE EATERY: My kitchen – I love to cook!

MOVIE:” Heart of the Sea” about Hawaiian legend Rell Sunn.

WEEKEND ACTIVITY: Working

HOBBIES: photography, gardening, skateboarding and surfing

FAVOURITE THING ABOUT YOUR JOB: Most of my classes are in the evening so I have plenty of time for a surf in the mornings

QUOTE: “Only as high as I reach can I grow, only as far as I seek can I go, only as deep as I look can I see, only as much as I dream can I be.”
Karen Ravn

FINAL WORD: I would like to thank all of those who have offered me yummy meals, a place to sleep, shared secret surf spots and friendly conversation, became my skateboard buddy and provided prayers and encouragement as well as rescue efforts on my travels around Australia. This has been an incredible experience because of your kindness and generosity.



Seascape and Beyond Art Exhibition

The inaugural

'Seascape and Beyond' art exhibition and fundraiser was held at Merewether Surf Life Saving Club April 30th - May 2nd and was opened by Paul Murphy.

\$7,7701.43 was raised and was shared equally between Beyondblue: the National Depression Initiative and Merewether Surf Life Saving Club.

On May 12 cheques were presented to Craig Hamilton the Ambassador for Beyondblue and to Ross Taggart President of MSLSC. The exhibition hosted 27 artists as exhibitors with John Earle, Rod Bathgate, Mike Eggleston and Sophie Mill supporting the cause alongside other great local talent.

Opening night was attended by 300 supporters and the weekend saw a steady stream of enthusiastic supporters who remarked: "why can't every weekend be like this, the exhibition is wonderful...and what a magnificent location". The weather was perfect.

This event was a great success enabling our community to meet, share and support through the medium of art.



Madam Suzie Sparkles

Astrology Guide



♉	<p>Taurus April 21 – May 20 You are behaving like a raging bull as usual. Calm down. Relax. Don't take life too seriously, it is not worth getting yourself so stressed out. Cutting down on the red bulls will help too.</p>
♊	<p>Gemini May 21 – June 21 Karma exists. It's your birthday this month and suddenly you're regretting 'forgetting' to buy your friends birthday presents.</p>
♋	<p>Cancer June 22 – July 23 You might have cut down on watching TV, but spending four hours a day on social networking websites just isn't healthy. Get a life.</p>
♌	<p>Leo July 24 – August 23 The footy season is upon us and if you want any chance of winning your workplace footy tipping competition don't even think about backing Souths.</p>
♍	<p>Virgo August 24 – September 23 As a Virgo you are a born perfectionist. However, no one is perfect and not every coffee you get from Swell is going to be perfect – build a bridge and get over it.</p>
♎	<p>Libra September 24 – October 23 It's been a long summer and it's nearly winter. No itch is a good itch. I think it may be time to give the speedos a good wash, or invest in a new pair.</p>
♏	<p>Scorpio October 24 – November 22 Why do noses run and feet smell? Be wary of spending too much time running and don't forget to occasionally stop and smell the roses.</p>
♐	<p>Sagittarius November 23 – December 22 Be wary of making rash decisions or indulging in overpriced, unnecessary appliances or gadgets this month. It may seem like a good idea at the time, but honestly do you really need an iPad?</p>
♑	<p>Capricorn December 23 – January 20 Prevention is better than a cure. Stop trying to be nice to your kids so they will take care of you as you get older, just do some daily exercise so you're fit enough to keep looking after yourself.</p>
♒	<p>Aquarius January 21 – February 19 Many hands make light work. Too many cooks spoil the broth. Be wary of people who like to make contradicting statements. This usually means they have no idea what they are talking about.</p>
♓	<p>Pisces February 20th – March 20th Your star sign is representative of the fish. Get in touch with your astrology sign – go fishing. Just don't expect to catch anything. Oh and these days you also need a licence to fish.</p>
♈	<p>Aries March 21 to April 19 If Jessica Watson can do it – you can too, It would be advisable however to temper your typically arrogant Arian attitude unless you too want to do it alone.</p>

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